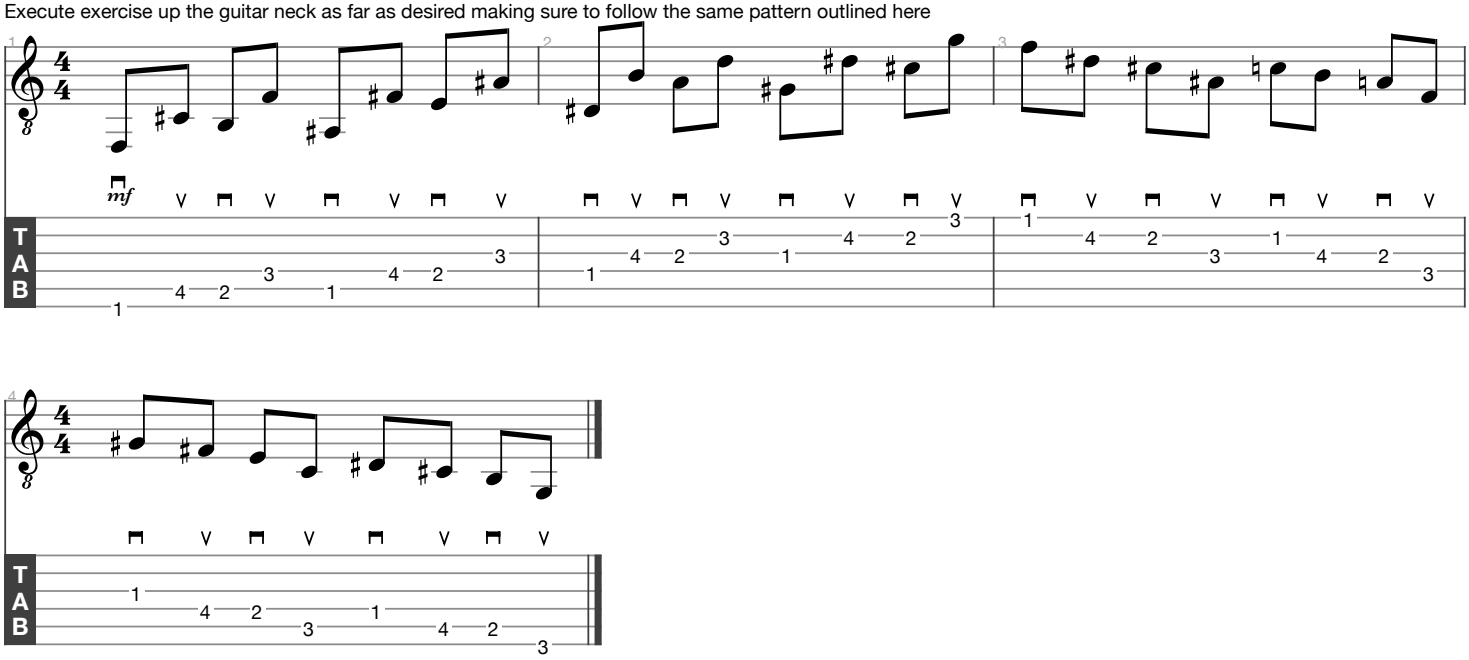
Warmup/Finger Strength Exercise #19

Tony Polecastro

www.tonypolecastro.com

Guitar Standard Tuning

E-A-D-G-B-E

♩ = 120

Execute exercise up the guitar neck as far as desired making sure to follow the same pattern outlined here