

# Warmup/Finger Strength Exercise #22

Tony Polecastro

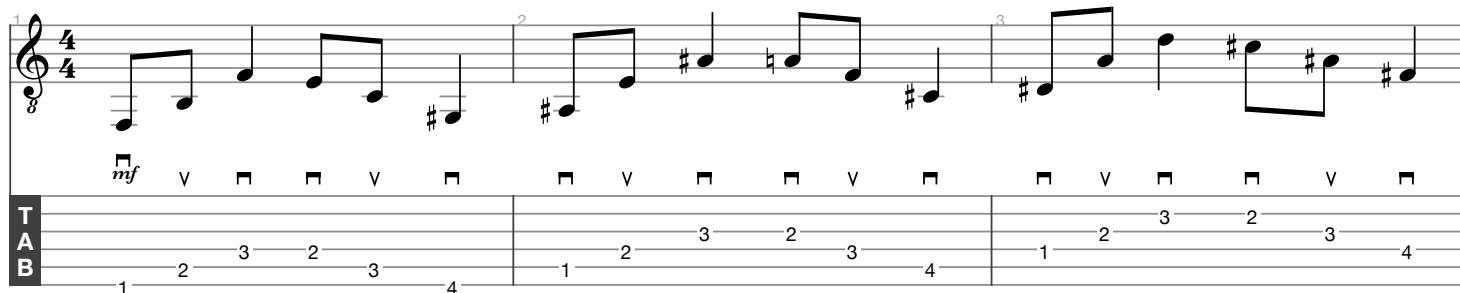
[www.tonypolecastro.com](http://www.tonypolecastro.com)

Guitar Standard Tuning

E-A-D-G-B-E

 = 120

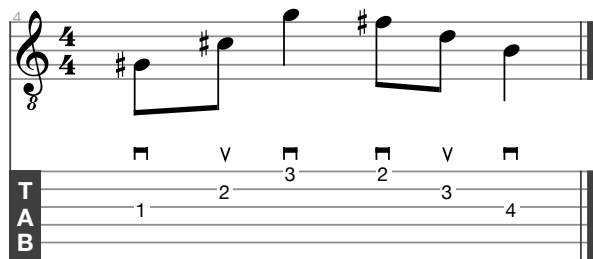
Execute exercise up the guitar neck as far as desired making sure to follow the same pattern outlined here



1 *mf* v □ □ v □ □ v □ □ v □ □ v □ □ v □ □ v □ □

TAB

1	2	3	2	3	4	1	2	3	2	3	4	1	2	3	2	3	4
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4 □ v □ □ v □ □

TAB

1	2	3	2	3	4
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